



SNS COLLEGE OF ENGINEERING

Kurumbapalayam (Po), Coimbatore – 641 107

An Autonomous Institution

Accredited by NBA – AICTE and Accredited by NAAC – UGC with 'A' Grade

Approved by AICTE, New Delhi & Affiliated to Anna University, Chennai



DEPARTMENT OF MANAGEMENT STUDIES

COURSE NAME : 23BAT202 – HUMAN RESOURCE MANAGEMENT

I YEAR /II SEMESTER

Unit 3 – TRAINING AND EXECUTIVE DEVELOPMENT

Topic: Self Development



SELF DEVELOPMENT

MEANING

Self – development means a personal desire to improve through an individual's attempt to embark on study and practical experience that are independent of an organization's role and contribution.

- ▶ Self development is also known as Self Control.



4 STAGE APPROACH

Self Assessment

Diagnosis

- ▶ Action Planning
- ▶ Monitoring & review



MODELS FOR SELF DEVELOPMENT

This involves three stages;

- ▶ Development of self-awareness
- ▶ Awareness of skills required
- ▶ Adopting methods of skill development



MODELS FOR SELF DEVELOPMENT

Development of self-awareness

Self awareness is concerned with the identification of what one is.

- Explained by Joseph Luft & Harrington Ingham

JOHARI WINDOW



SELF DEVELOPMENT & TIME MANAGEMENT

Elimination of time wasters:

- ▶ Unorderly method of working
- ▶ Unnecessary Gossip
- ▶ Unscheduled visitors
- ▶ Too many meetings
- ▶ Family tension
- ▶ Procrastination
- ▶ Failure to set priorities
- ▶ Lack of scheduling



DEVELOPMENT OF SELF-AWARENESS

- ◀ Awareness of skills required
- ◀ Adopting methods of skill development

AWARENESS OF SKILLS REQUIRED

- ◀ Job-related skills
- ◀ Behavioural Skills



Adopting methods of skill development

- ▶ Self behaviour Management
- ▶ Development through self-study
- ▶ Continuous Process



RECAP

QUESTIONS???

THANK YOU